



Chevron stitch is a surface embroidery stitch as well as a stitch used in smocking.

Work from left to right on two imaginary lines.

Bring the thread from the back of the fabric on the left of the top line.

On the same line, move right and insert the needle with the tip pointing left to have it emerge in the middle as illustrated. Pull the needle through to make a small stitch.

Take the needle diagonally down to the bottom line and insert it. Point the needle left to take it back along the line as illustrated.

Pull your needle through and take your needle to the right. Keep your needle pointing left to make the foot of the stitch, by inserting your needle as illustrated and having it emerge at the base of the diagonal stitch.

Take your needle to the top line and repeat the process again. Work this way along the row alternating up and down.

#### Uses and application for this stitch:

Decorative: Can be worked as single lines but rows of Chevron stitch worked closely together produce a lattice effect, which makes a good filling for large areas.

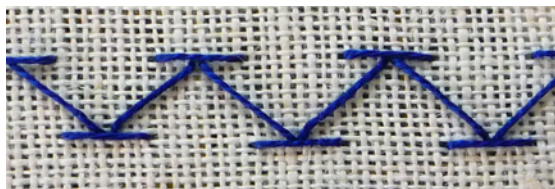
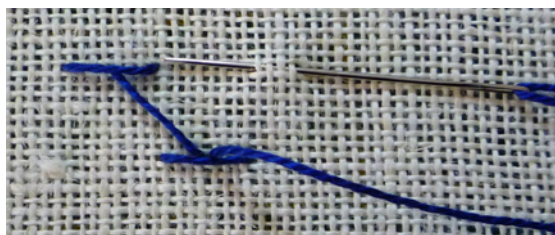
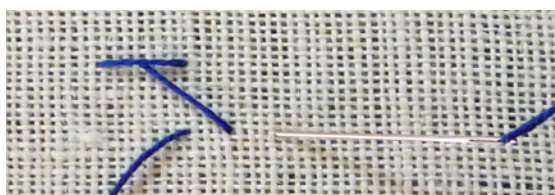
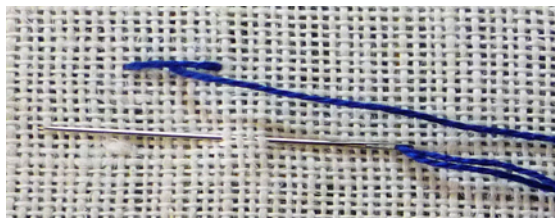
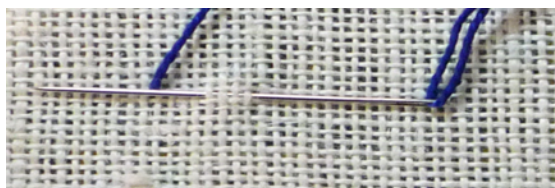
#### Notes

Thread:

Fabric:

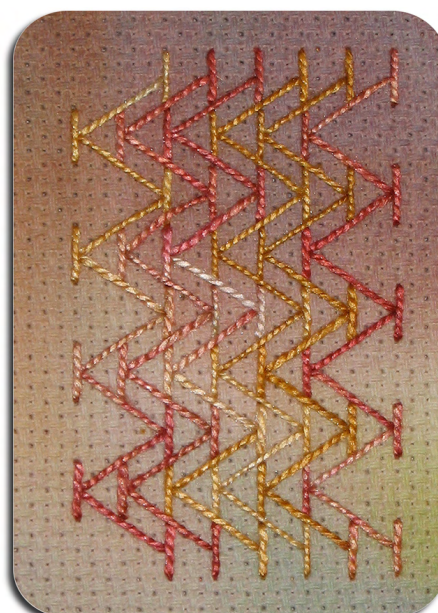
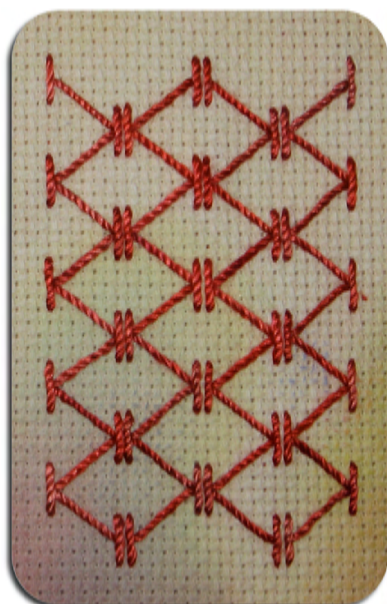
Needle:

Date worked:



#### Sample

## Examples



Chevron stitch... Chevron stitch family



**Further exploration samples and notes**

Thread:

Fabric:

Needle:

Date:

**Further exploration samples and notes**

Thread:

Fabric:

Needle:

Date:



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### **Inspiration and notes**

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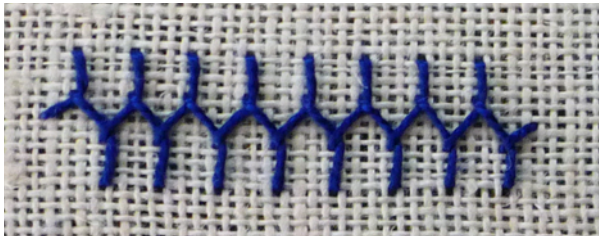
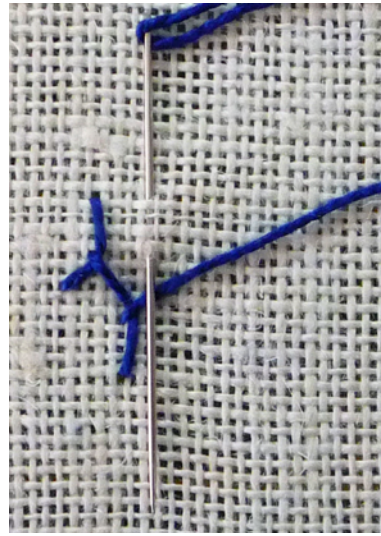
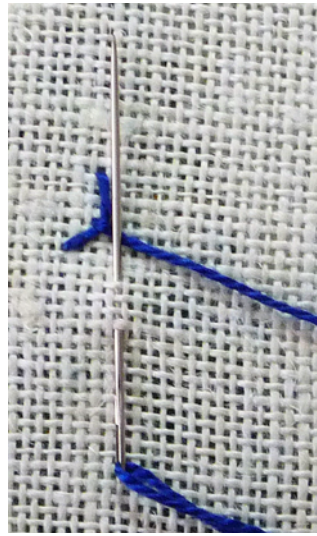
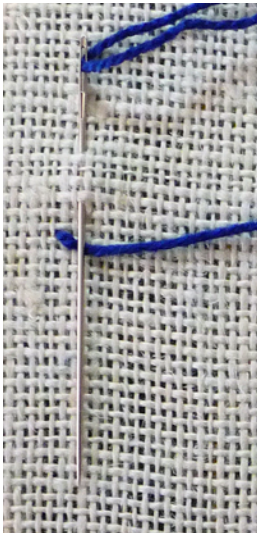
Website:

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## Further ideas and sketches



**Chevron stitch... Chevron stitch family**



**Uses for this stitch:**

Decorative: Can be used to create a border, a line, arranged in rows to create a fill or be worked within a shape.

**Also known as:** Open Cretan, Persian stitch and long-armed feather stitch.

Work from left to right between 2 imaginary lines.

Bring the needle through the fabric at the start of the line and move along slightly. Insert your needle on the outside edge to make a small stitch by pointing the needle to the centre and keeping the thread under the needle pull it through your fabric.

Move to the lower outside edge of the line and repeat the action. Make sure that with each small stitch the thread is caught under the needle.

Continue working until the shape or line is filled.

**Notes**

Thread:

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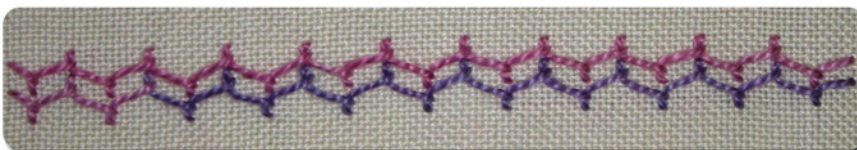
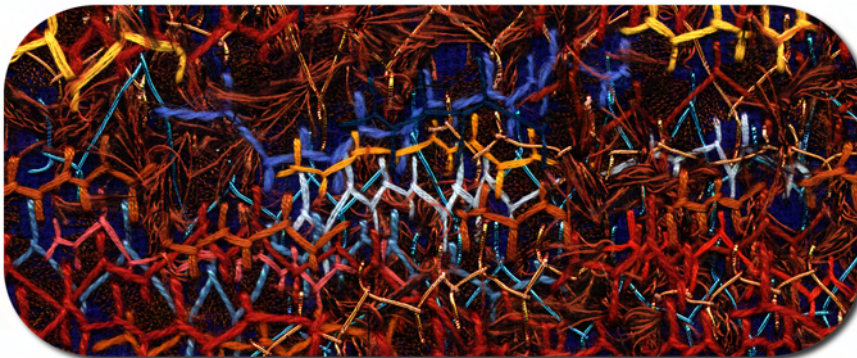
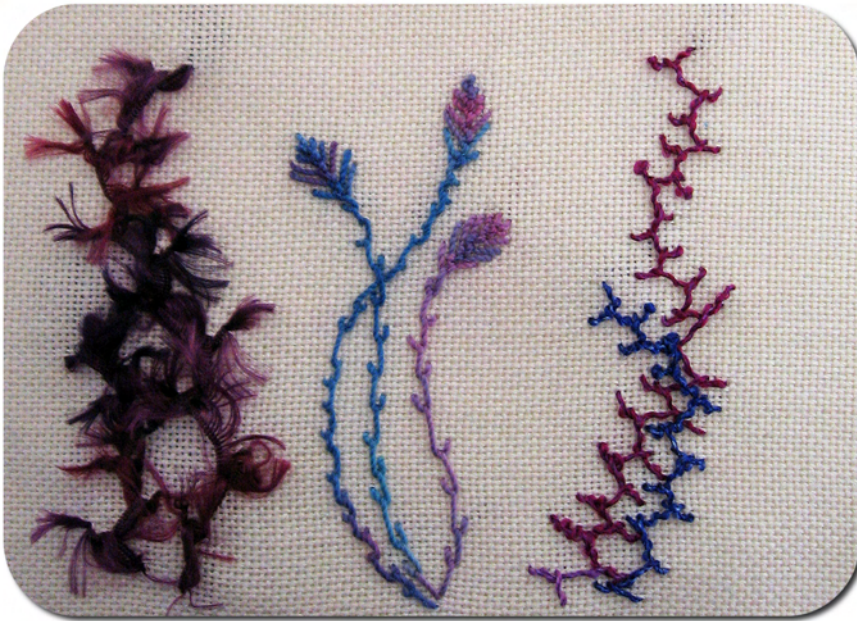
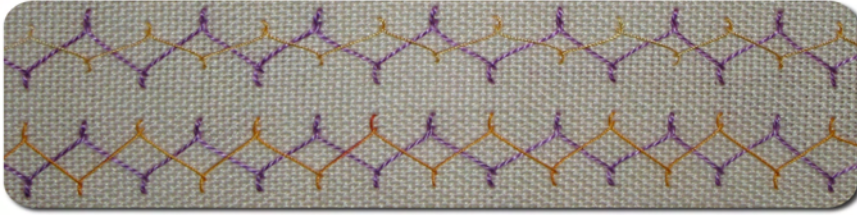
**Sample**

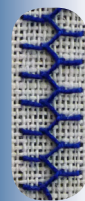




# Cretan stitch... Cretan stitch family

## Examples





**Further exploration samples and notes**

Thread:

Fabric:

Needle:

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Fabric:

Needle:

Date:



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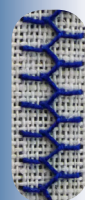
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## Further ideas and sketches





# Couching... Couching stitch family

With couching, a surface thread is laid on the fabric, and anchored using a second thread.

I have used a contrasting thread so the couching can be seen but normally you would match the colour.

Use a large eyed needle to bring the heavy thread through the fabric.

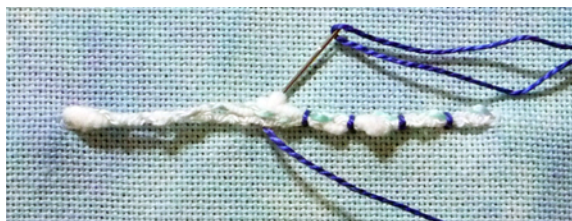
Using a finer needle and thread at regular intervals make small, straight stitches over the thick thread to secure it to the fabric.

Work in this way until you have completed the line or filled the area.

Take the end of heavy thread to the back of the fabric using a large eyed needle.

Secure both ends with small stitches using the fine thread.

Do not clip the heavy thread too close, otherwise it will pop up to the surface.



### Uses for this stitch:

Decorative: Ideal for attaching highly textured or thick threads the foundation fabric. Can be used to create a fill, a line, or worked within a shape.

**Also known as:** Couching is also known as convent stitch and kloster stitch.

## Notes

Thread:

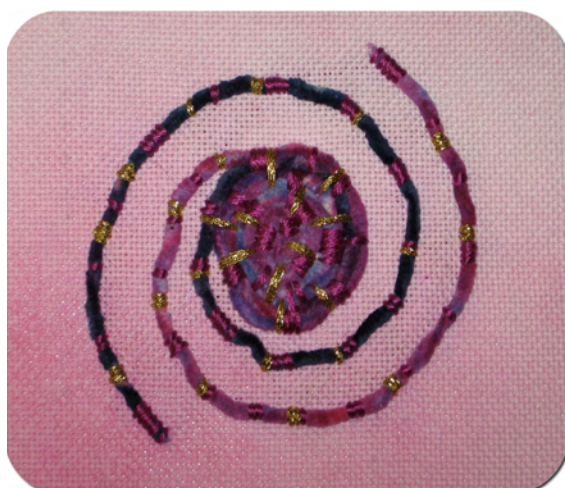
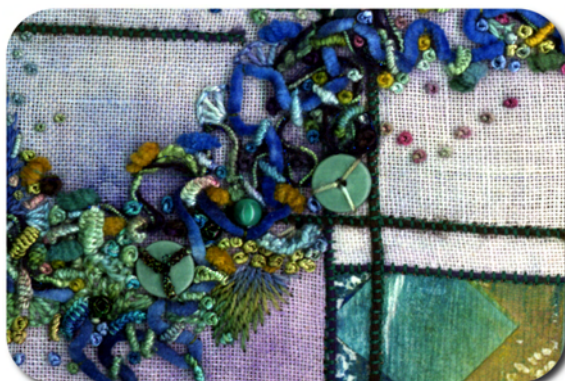
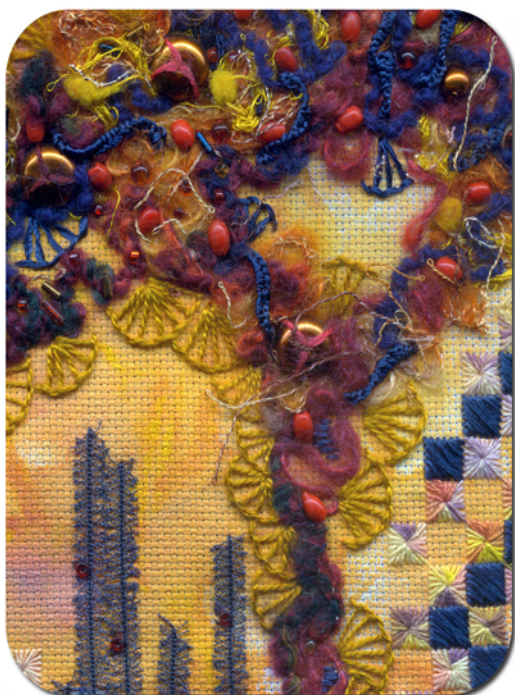
Fabric:

Needle:

Date worked:

## Sample

## Examples



## Couching... Couching stitch family





# Couching... Couching stitch family

## Further exploration samples and notes

Thread:

Fabric:

Needle:

Date:

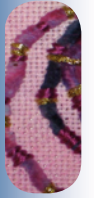
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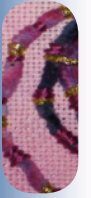
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## Further ideas and sketches



# Couching... Couching stitch family

